

# Approach to common neurological symptoms

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## Approach to Common Neurological Symptoms

- Neurological diagnosis is sometimes easy, sometimes quite challenging, and specialized skills are required
- In all disciplines of medicine, symptomatology and clinical examination are key to achieving an accurate diagnosis
- Particularly true in neurology
- Unique to neurology is emphasis on localization and phenomenology
- Abdominal or chest symptoms, the localization is practically established and etiology is the primary concern

# Approach to Common Neurological Symptoms

- In clinical neurological practice, a patient with a weak hand may localize to muscles, neuromuscular junction, nerves in the upper limb, brachial plexus, spinal cord or brain
- First localization is important, then a focused list of potential causes of problems
- Recognizing phenomenology is important
- Tremor and stereotypy both rhythmical movements
- Tics, myoclonus, chorea, all jerk like movements
- History provides the best clues to localization, disease mechanisms and etiology
- Examination is essential for localization confirmation and appropriate disease categorization
- All critical for proper diagnosis and treatment

# Approach to Common Neurological Symptoms

## Disorders of Motility

Paralysis and Weakness

Disorders of Movement and Posture

Ataxia and Disorders of Cerebellar function

Disorders of Stance and Gait

## Pain and Disorders of Somatic Sensation

Pain

Disorders of Non-Painful Somatic Sensation

Headache and Other Craniofacial Pains

Pain in the Back, Neck, and Extremities

## Disorders of the Special Senses

Disorders of Smell and Taste

Disturbances of Vision

Disorders of Ocular Movement and Pupillary Function

Deafness, Dizziness, and Disorders of Equilibrium

## Epilepsy and Disorders of Consciousness

Epilepsy and Other Seizure Disorders

Coma and Related Disorders of Consciousness

Faintness and Syncope

Sleep and Its Abnormalities

## Derangements of Intellect, Behavior, and Language Caused by Diffuse and Focal Cerebral Disease

### Delirium and Other Acute Confusional States

Dementia, the Amnesic Syndrome,

Neurology of Intelligence and Memory

Lesions in Specific Parts of the Cerebrum

Disorders of Speech and Language

## Diseases of spinal cord, Peripheral nerve, and Muscle

Spinal Cord

Peripheral Nerves

Cranial Nerves

Muscle

Neuromuscular Junction

Myotonias

# Approach to Common Neurological Symptoms

## Disorders of Energy, Mood, and Autonomic and Endocrine Functions

Fatigue, Asthenia, Anxiety, and Depression

Limbic Lobes and the Neurology of Emotion

Disorders of the Autonomic Nervous System, Respiration, and Swallowing

Hypothalamus and Neuroendocrine Disorders

## MAJOR CATEGORIES OF NEUROLOGIC DISEASE

Disturbances of Cerebrospinal Fluid, Hydrocephalus, Pseudotumor Cerebri, and Low-Pressure Syndromes

Intracranial Neoplasms and Paraneoplastic Bacterial, Fungal, Spirochetal, and Parasitic

Viral Infections and Prion

Stroke and Cerebrovascular

Multiple Sclerosis and Other Inflammatory

Demyelinating

Inherited Metabolic

Developmental

Degenerative

Acquired Metabolic

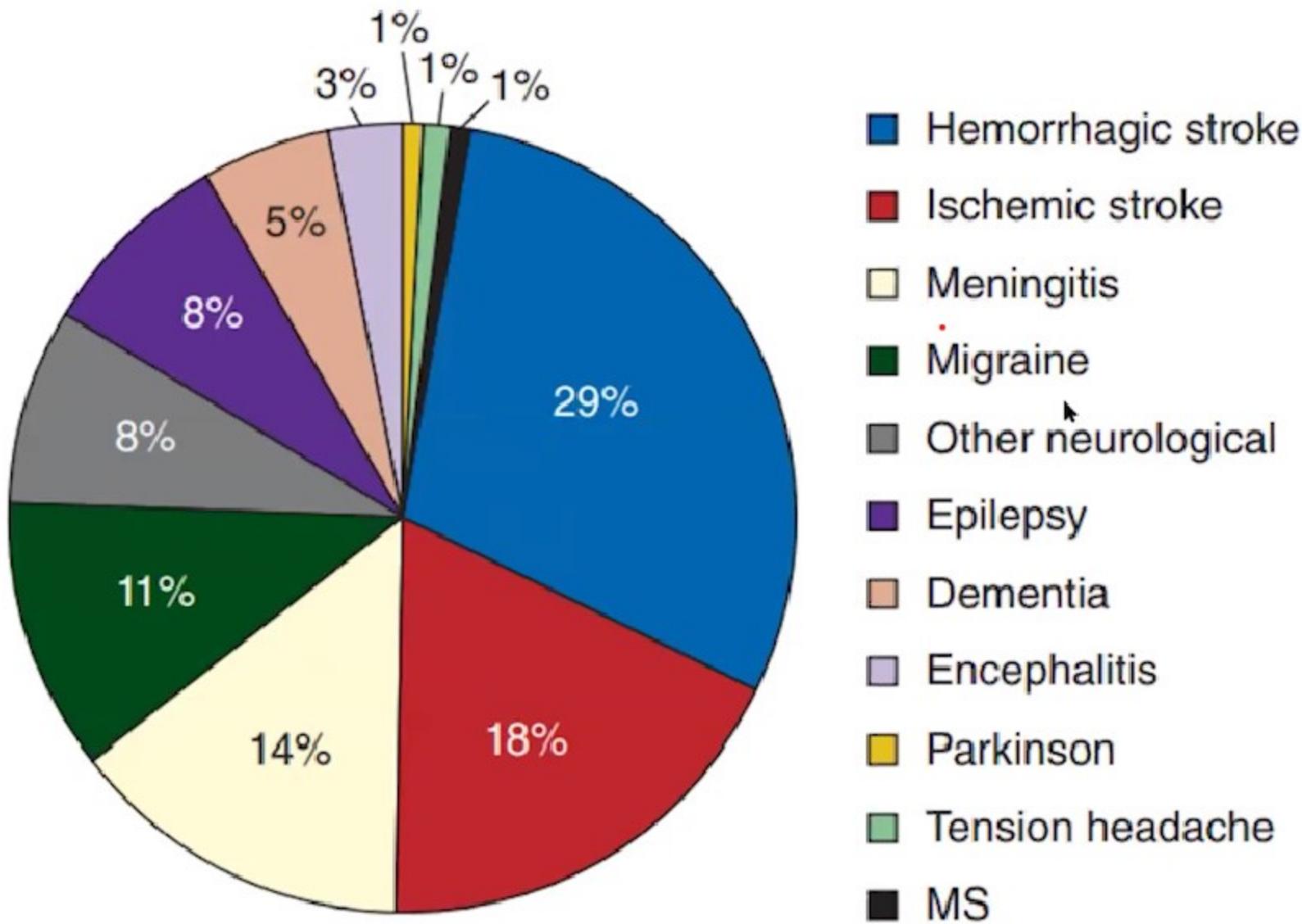
Nutritional Deficiency

## Pathophysiological Mechanisms

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- Inflammatory / Demyelinating
- Infectious
- Non-infectious (autoimmune)
- Vascular
  - Arterial
  - Venous
- Compressive / infiltrative
- Neoplastic
- Non-neoplastic
- Degenerative / hereditary
- Toxic / metabolic / nutritional
- Trauma
- Disorders of intracranial pressure

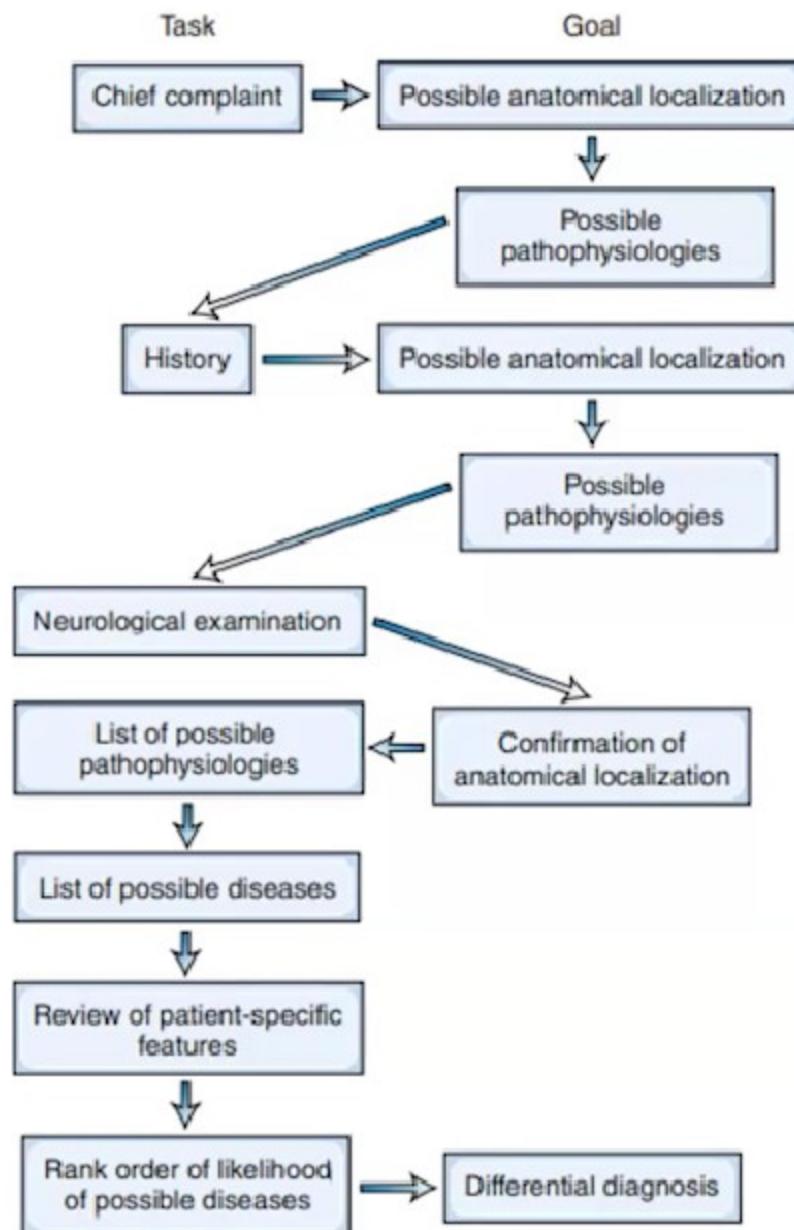
# Neurological disorders



# Prevalence of major neurologic disorders in USA

	INDIVIDUALS AFFECTED
<i>Degenerative diseases</i>	
Amyotrophic lateral sclerosis	$5 \times 10^4$
Huntington disease	$5 \times 10^4$
Parkinson disease	$5 \times 10^6$
Alzheimer disease	$5 \times 10^6$
Macular degeneration	$5 \times 10^7$
<i>Autoimmune neurologic diseases</i>	
Multiple sclerosis	$4 \times 10^5$
<i>Stroke, all types</i>	$5 \times 10^6$
<i>Central nervous system trauma</i>	
Head	$2 \times 10^6$
Spinal cord	$2.5 \times 10^5$
<i>Metabolic</i>	
Diabetic retinopathy	$2 \times 10^6$
<i>Headache</i>	$3 \times 10^7$
<i>Epilepsy</i>	$3 \times 10^6$
<i>Back pain</i>	$5 \times 10^7$
<i>Peripheral neuropathy</i>	
Total	$2.5 \times 10^7$
Inherited	$1 \times 10^4$
Diabetic neuropathy	$2 \times 10^6$
<i>Mental retardation</i>	
Severe	$1 \times 10^6$
Moderate	$1 \times 10^7$
<i>Schizophrenia</i>	$3 \times 10^6$
<i>Manic depressive illness</i>	$3 \times 10^6$

# Diagnostic Path



# Headache and Other Craniofacial Pains

Pain structures [Dura / arteries / veins/sinuses/periosteum/nerves]

- Migraine
- Chronic sinusitis
- Meningeal disease - Neuroinfection
- Parenchymal – Brain tumour / Demyelination
- Vascular – Temporal Arteritis
- Nerve – Trigeminal Neuralgia
- Tension type Headache

# Vertigo / Dizziness

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SYNDROME	NEUROLOGIC FINDINGS	DISORDERS OF EQUILIBRIUM	TYPE OF NYSTAGMUS <sup>a</sup>	HEARING
Labyrinths (postural vertigo, trauma, Ménière disease, aminoglycoside toxicity, labyrinthitis)	None	Ipsilateral past pointing and lateral propulsion to side of lesion	Horizontal or rotary to side opposite lesion, positional and position changing, fatigable	Normal or conduction or neurosensory deafness with recruitment
Vestibular nerve and ganglia (vestibular neuronitis, herpes zoster)	Auditory eighth and seventh cranial nerve abnormalities; abnormal head impulse test to affected side	Ipsilateral past pointing and lateral propulsion to side of lesion	Unidirectional positional	Sometimes sensorineural deafness, without recruitment (vestibulolabyrinthitis)
Cerebellopontine angle (acoustic neuroma, glomus and other tumors)	Ipsilateral fifth, seventh, ninth, tenth cranial nerves, cerebellar ataxia Increased intracranial pressure (late)	Ataxia and falling ipsilaterally	Gaze-paretic, positional, coarser to side of lesion	Sensorineural deafness without recruitment
Brainstem and cerebellum (infarcts, tumors, viral infections)	Multiple cranial nerves, brainstem tract signs, cerebellar ataxia	Ataxia present with eyes open	Coarse horizontal and vertical, gaze-paretic	Usually normal
Higher (cerebral) connections	Aphasia, visual field, hemimotor, hemisensory, and other cerebral abnormalities, seizures	No change	Usually absent	Normal

Auditory cause  
common

BPPV

Meniere's  
disease

Vestibular  
neuronitis

CP angle tumor

Brainstem lesions

# Syncope

Arrhythmias:  
Bradyarrhythmias  
Tachyarrhythmias  
Reflex arrhythmias (temporary sinus pause or bradycardia)

Decreased cardiac output:  
Outflow obstruction  
Inflow obstruction  
Cardiomyopathy  
Hypovolemic

Hypotensive:  
Vasovagal attack  
Drugs  
Dysautonomia

Cerebrovascular:  
Carotid disease  
Vertebrobasilar disease  
Vasospasm  
Takayasu disease

Metabolic:  
Hypoglycemia  
Anemia  
Anoxia

Hyperventilation

Multifactorial:  
Vasovagal (vasodepressor) attack  
Cardiac syncope  
Situational: cough, micturition, defecation, swallowing, diving, Valsalva maneuver

- Cardiac causes commonest
- Cerebrovascular disorders
- Seizures
- Metabolic causes
- Micturition

# Syncope vs. seizure

Features	Syncope	Seizure
Relation to posture	Common	No
Time of day	Diurnal	Diurnal or nocturnal
Precipitating factors	Emotion, injury, pain, crowds, heat, exercise, fear, dehydration, coughing, micturition, venipuncture, prolonged standing	Sleep deprivation, drug/alcohol withdrawal, illness, medication nonadherence
Skin color	Pallor	Cyanosis or normal
Diaphoresis	Common	Rare
Aura or premonitory symptoms	Often minutes or longer, but can be very brief	Brief
Convulsion	Rare	Common
Other abnormal movements	Minor irregular twitching	Rhythmic jerks
Injury	Rare	Common (with convulsive seizures)
Urinary incontinence	Rare	Common
Tongue biting	No	Common with convulsive seizures
Postictal confusion	Rare	Common
Postictal headache	No	Common
Focal neurological signs	No	Occasional
Cardiovascular signs	Common to have low blood pressure and heart rate during event; cardiovascular exam may be completely normal after event unless there is an underlying cardiac disorder	Rare
Abnormal findings on EEG	Rare (generalized slowing may occur during the event)	Common

# Falls and drops

## Drop Attacks

With loss of consciousness:

Syncope

Seizures

Without loss of consciousness:

Transient ischemic attacks:

Vertebrobasilar insufficiency

Anterior cerebral artery ischemia

Third ventricular and posterior fossa tumors

Chiari malformation

Otolithic crisis

Cataplexy

## Falls

Neuromuscular disorders (neuropathy, radiculopathy, and myopathy)

Cerebral or cerebellar disorders

Cryptogenic falls in the middle-aged

Aging, neurodegeneration, and the neural substrate of gait and balance:

Fear of falling

Basal ganglia disorders:

Parkinson disease

Progressive supranuclear palsy and other parkinsonian syndromes

The aged state

- Syncope
- Seizures
- Cerebral Ischemia
- Third ventricular tumors
- Auditory causes
- Weakness (buckling)
- Cerebellar ataxia
- Pyramidal weakness (Tripping)
- Postural instability

## Pain in the Back, Neck, and Extremities

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- Cervical and Lumbosacral spondylosis
- Spondolytic lumbar radiculopathy
- Facet joint Arthropathy
- Congenital anomalies of spine
- Degenerative osteoarthritis
- Bone infection and Metastases in spine

# Causes of episodic visual loss

## *Adolescence and young adulthood*

Migraine

Optic neuritis

Papilledema

Antiphospholipid antibody syndrome and systemic lupus erythematosus

Early tumor compression of the optic nerve

Takayasu aortic arteritis

Viral neuroretinitis

Idiopathic

## *Adulthood*

Carotid stenosis or dissection

Embolism to the retina

Intrinsic central retinal artery atherosclerotic disease

Temporal arteritis (generally over age 55)

Glaucoma

Papilledema

# Causes for episodic / progressive Visual impairment

## I. Demyelinative (optic neuritis)

Multiple sclerosis

Postinfectious and viral neuroretinitis

## II. Ischemic

Arteriosclerotic (usually in-situ occlusion; occasionally carotid artery disease)

Granulomatous (giant cell) arteritis

Syphilitic arteritis

## III. Parainfectious

Cavernous sinus thrombosis

Paranasal sinus infection

## IV. Toxins and drugs

Methanol

Ethambutol

Chloroquine

Streptomycin

Chlorpropamide

Chloramphenicol

Tiagabine

Linezolid

Infliximab

Sildenafil

Ergot compounds

## V. Deficiency states

Vitamin B<sub>12</sub>

Thiamine or possibly several B vitamins ("tobacco-alcohol" amblyopia)

Epidemic nutritional types (Cuban, Jamaican)

## VI. Heredofamilial and developmental

Dominant juvenile optic atrophy

Leber optic atrophy

Developmental failure of disc or papillomacular bundle

Progressive hyaline body encroachment

## VII. Compressive and infiltrative

Meningioma of sphenoid wing or olfactory groove

Metastasis to optic nerve or chiasm

Glioma of optic nerve (neurofibromatosis type I)

Optic atrophy following long-standing papilledema

Pituitary tumor and apoplexy

Thyroid ophthalmopathy

Sarcoidosis

Giant aneurysms

Lymphoma

Wegener granulomatosis

## VIII. Radiation-induced optic neuropathy

### Demyelination

### Neuroinfection

### Inflammatory / Granulomatous

### Nutritional

### Sinuses

### Drugs / Heredita

Multiple Sclerosis	Tuberculous	Connective tissue disorders	Vit B12	Cavernous sinus thrombosis	Ethambutol / Methanol
Neuro myelitis optica / MOG related ON	Cryptococcal	Sarcoidosis	Tobacco Alcohol Amblyopia	Orbital Apex syndrome	Mitochondrial disorders

# Diplopia

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## Lesions of the Third (Oculomotor) Nerve

*Nuclear and intramedullary (fascicular)*

Infarction (midbrain stroke)

Demyelination

Tumor

Trauma

Wernicke disease

*Radicular (subarachnoid space and tentorial edge)*

Aneurysm (posterior communicating or basilar)

Meningitis (infectious, neoplastic, granulomatous)

Diabetic infarction

Tumor

Raised intracranial pressure (shift and herniation of medial temporal lobe, hydrocephalus, pseudotumor cerebri)

*Cavernous sinus and superior orbital fissure*

Diabetic infarction of nerve

Aneurysm of internal carotid artery

Carotid-cavernous fistula

Cavernous thrombosis (septic and bland)

Tumor (pituitary, meningioma, nasopharyngeal carcinoma, metastasis)

Pituitary apoplexy

Sphenoid sinusitis and mucocele

Herpes zoster

Tolosa-Hunt syndrome

*Orbit*

Trauma

Fungal infection (mucormycosis, etc.)

Tumor and granuloma

Orbital pseudotumor

*Uncertain localization*

Migraine

Postinfectious cranial mononeuropathy and polyneuropathy

## Lesions of the Fourth (Trochlear) Nerve

*Nuclear and intramedullary (fascicular)*

Midbrain hemorrhage and infarction

Tumor

Arteriovenous malformation

Demyelination

*Radicular (subarachnoid space)*

Traumatic

Tumor (pineal, meningioma, metastasis, etc.)

Hydrocephalus

Pseudotumor cerebri and other causes of increased intracranial pressure

Meningitis (infectious, neoplastic, granulomatous)

*Cavernous sinus and superior orbital fissure*

Tumor

Tolosa-Hunt syndrome

Internal carotid aneurysm

Herpes zoster

Diabetic infarction

*Orbit*

Trauma

Tumor and granuloma

## Lesions of the Sixth (Abducens) Nerve

*Nuclear (characterized by gaze palsy) and intramedullary (fascicular)*

Möbius syndrome

Wernicke syndrome

Infarction (pontine stroke)

Demyelination

Tumor

Lupus

*Radicular (subarachnoid)*

Aneurysm

Trauma

Meningitis

Tumor (clivus, fifth- and eighth-nerve schwannoma, meningioma)

*Petrosus*

Infection of mastoid and petrous bone

Thrombosis of inferior petrosal vein

Trauma

*Cavernous sinus and superior orbital fissure*

Carotid aneurysm

Cavernous sinus thrombosis

Tumor (pituitary, nasopharyngeal, meningioma)

Tolosa-Hunt syndrome

Diabetic or arteritic infarction

Herpes zoster

*Orbit*

Tumor and granulomas

*Uncertain localization*

Migraine

Viral and postviral

Transient in newborns

Diabetic cranial neuropathy

NMJ – Myas Gravis

Raised ICT

Demyelination

Basal meningitis

# Weakness

## DIFFERENCES BETWEEN UPPER AND LOWER MOTOR NEURON PARALYSIS

UPPER MOTOR NEURON OR SUPRANUCLEAR PARALYSIS	LOWER MOTOR NEURON OR NUCLEAR-INFRA-NUCLEAR PARALYSIS
Muscles affected in groups; never individual muscles	Individual muscles may be affected
Atrophy slight and the result of disuse	Atrophy pronounced; up to 70% of total bulk
Spasticity with hyperactivity of the tendon reflexes and extensor plantar reflex (Babinski sign)	Flaccidity and hypotonia of affected muscles with loss of tendon reflexes
Fasciculations absent	Plantar reflex, if present, is of normal flexor type
Normal nerve conduction studies; no denervation potentials in EMG	Fasciculations may be present
	Abnormal nerve conduction studies; denervation potentials (fibrillations, fasciculations, positive sharp waves) in EMG

# Classification of Confusional states

## I. Acute global confusion with psychomotor underactivity

- A. Associated with a medical or surgical disease (no focal or lateralizing neurologic signs; imaging and cerebrospinal fluid [CSF] normal)
  - 1. Metabolic disorders (hepatic stupor, uremia, hypo- and hypernatremia, hypercalcemia, hypo- and hyperglycemia, hypoxia, hypercapnia, porphyria, and some endocrinopathies including steroid-responsive Hashimoto encephalopathy)
  - 2. Infectious illnesses (pneumonia, endocarditis, urosepsis, peritonitis, and other illnesses causing bacteremia and sepsis—septic encephalopathy)
  - 3. Congestive heart failure or pulmonary failure
  - 4. Postoperative and posttraumatic states
- B. Associated with drug and medication effects or intoxication (no focal or lateralizing signs; brain imaging and CSF normal): opiates, anticholinergics, sedatives, trihexyphenidyl, corticosteroids, high-potency cannabinoids, anticonvulsants, L-dopa, dopaminergic agonists, serotonergic antidepressants, certain antibiotics and cancer chemotherapies
- C. Associated with diseases of the nervous system (with focal or lateralizing neurologic signs or CSF changes)
  - 1. Cerebrovascular disease, tumor, abscess (especially of the right parietal, left temporal and occipital, and inferofrontal lobes)
  - 2. Subdural hematoma
  - 3. Meningitis
  - 4. Encephalitis
  - 5. Cerebral vasculitis (e.g., granulomatous, lupus)
  - 6. Hypertensive encephalopathy, toxemia of pregnancy
  - 7. Nonconvulsive status epilepticus and postseizure state

## II. Delirium with motor, mental, or autonomic hyperactivity

- A. In a medical or surgical illness (no focal or lateralizing neurologic signs; CSF usually clear): pneumonia, sepsis and bacteremia (septic encephalopathy), postoperative period (especially cardiac surgery), postconcussive states, thyrotoxicosis and corticosteroid excess (exogenous or endogenous), certain special infectious fevers such as typhoid and malaria
- B. In neurologic disease that causes focal or lateralizing signs or changes in the CSF
  - 1. Confusional states caused by focal cerebral lesions (see Chap. 21); vascular, neoplastic, or other diseases, particularly those involving the temporal lobes and upper part of the brainstem
  - 2. Concussion and contusion (posttraumatic delirium)
  - 3. Meningitis of acute purulent, fungal, tuberculous, and neoplastic types (Chap. 31)
  - 4. Encephalitis from viral (e.g., herpes simplex, infectious mononucleosis), bacterial (mycoplasma, legionnaires), and other causes (Chaps. 30 and 31)
  - 5. Acute disseminated encephalomyelitis (ADEM)
  - 6. Auto-antibody disorders (anti-NMDA, paraneoplastic limbic encephalitis; Hashimoto encephalopathy)
  - 7. Subarachnoid hemorrhage
- C. Abstinence/withdrawal states, especially withdrawal of alcohol (delirium tremens) or of sedative drugs following chronic use
- III. Psychosis, particularly with manic features
- IV. Dementia or other brain disease in combination with infectious fevers, medication reactions, trauma, heart failure, or other medical or surgical diseases

## Clinical characteristics of delirium

- Acute onset of mental status change with fluctuating course
- Attentional deficits
- Confusion or disorganized thinking
- Altered level of consciousness
- Perceptual disturbances
- Disturbed sleep/wake cycle
- Altered psychomotor activity
- Disorientation and memory impairment
- Other cognitive deficits
- Behavioral and emotional abnormalities

# Major causes of Delirium

TABLE 4.1 Major Causes of Delirium

<b>Metabolic</b>	Electrolytes: hypo/hyponatremia, hypo/hypercalcemia, hypo/hypermagnesemia, hypo/hyperphosphatemia Endocrine: hypo/hyperthyroidism, hypo/hypercortisolism, hypo/hyperglycemia Cardiac encephalopathy, hepatic encephalopathy, uremic encephalopathy Hypoxia and hypercarbia Vitamin deficiencies: vitamin B <sub>12</sub> , nicotinic acid, folic acid. Most notably Wernicke encephalopathy from thiamine deficiency Toxic and industrial exposures: carbon monoxide, organic solvent, lead, manganese, mercury, carbon disulfide, heavy metals
<b>Toxic</b>	Porphyria Intoxication and overdose Serotonin syndrome Malignant neuroleptic syndrome Withdrawal: alcohol, benzodiazepines, barbiturates, amphetamines, cocaine, coffee, phencyclidine, hallucinogens, inhalants, meperidine, and other narcotics Drugs: anticholinergic, benzodiazepines, opiates, anti-histamines, antiepileptics, muscle relaxants, dopamine agonists, monoamine oxidase inhibitors, levodopa, corticosteroids, fluoroquinolone and cephalosporin antibiotics, beta-blockers, digitalis, lithium, clozapine, tricyclic antidepressants, calcineurin inhibitors
<b>Infectious</b>	Urinary tract infection, pneumonia, sepsis, meningitis, encephalitis, Creutzfeldt-Jakob and other prion diseases
<b>Neurological</b>	Vascular: ischemic stroke, intracerebral or subarachnoid hemorrhage, vasculitis Autoimmune and paraneoplastic encephalitides Neoplastic: brain tumors, carcinomatous meningitis Seizure related: postictal state, nonconvulsive status epilepticus
<b>Perioperative</b>	Trauma: concussion, subdural hematoma Surgery: thoracic (cardiac and noncardiac), vascular, and hip replacement, anesthetic and drug effects, hypoxia and anemia, hyperventilation, fluid and electrolyte disturbances, hypotension, embolism, infection or sepsis, untreated pain, fragmented sleep, sensory deprivation or overload
<b>Miscellaneous</b>	Hyperviscosity syndromes

- Electrolyte imbalance (Hyponatremia)
- Uremia / Hepatic / Hypoglycemia
- Vitamin deficiency (Thiamine – Wernicke's encephalopathy)
- Alcohol withdrawal
- Urosepsis / Pneumonia
- Pyogenic / Viral / Fungal meningitis
- Stroke
- Seizure with postictal state
- Autoimmune encephalitis
- Head injury

# Predisposing and Precipitating factors of Delirium

- Elderly, especially 80 years or older
- Dementia, cognitive impairment, or other brain disorder
- Fluid and electrolyte disturbances and dehydration
- Other metabolic disturbance, especially elevated BUN level or hepatic insufficiency
- Number and severity of medical illnesses, including cancer
- Infections, especially urinary tract, pulmonary, and AIDS
- Malnutrition, low serum albumin level
- Cardiorespiratory failure or hypoxemia
- Prior stroke or other nondementia brain disorder
- Polypharmacy and use of analgesics, psychoactive drugs, or anticholinergics
- Drug abuse, alcohol or sedative dependency
- Sensory impairment, especially visual
- Sensory overstimulation and "ICU psychosis"
- Sensory deprivation
- Sleep disturbance
- Functional impairment
- Fever, hypothermia
- Physical trauma or severe burns
- Fractures
- Male gender
- Depression
- Specific surgeries:
  - Cardiac, especially open heart surgery
  - Orthopedic, especially femoral neck and hip fractures, bilateral knee replacements
  - Ophthalmological, especially cataract surgery
  - Noncardiac thoracic surgery and aortic aneurysmal repairs
  - Transurethral resection of the prostate

- Elderly individuals
- Dementia
- Electrolyte imbalance
- Metabolic Encephalopathy
- Systemic Infections
- Neuroinfection
- Cerebral ischemia
- Fever
- Depression
- Drug abuse
- Fractures, severe pain

# Altered sensorium

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GENERAL GROUP	SPECIFIC DISORDER	IMPORTANT CLINICAL FINDINGS		
Coma with focal or lateralizing signs	Cerebral hemorrhage	Hemiplegia, hypertension, cyclic breathing, specific ocular signs (See Chap. 13)	Coma without focal neurologic signs or meningeal irritation; CT scan and CSF normal	Alcohol intoxication
	Basilar artery occlusion (thrombotic or embolic)	Extensor posturing and bilateral Babinski signs; early loss of oculocephalic responses; ocular bobbing		Sedative intoxication
	Territorial infarction in internal carotid territory	Hemiplegia, unilateral unresponsive, or enlarged pupil		Opioid intoxication
	Subdural hematoma	Slow or cyclic respiration, rising blood pressure, hemiparesis, unilateral enlarged pupil		Carbon monoxide intoxication
	Trauma	Signs of cranial and facial injury		Global ischemia-anoxia
	Brain abscess	Neurologic signs depending on location		Hypoglycemia
	Hypertensive encephalopathy; eclampsia	Blood pressure >210/110 mm Hg (lower in eclampsia and in children), headache, seizures, hypertensive retinal changes		Diabetic coma
	Thrombotic thrombocytopenic purpura (TTP)	Petechiae, seizures shifting focal signs		Uremia
Coma without focal or lateralizing signs, with signs of meningeal irritation	Meningitis and encephalitis	Stiff neck, Kernig sign, fever, headache		Hepatic coma
	Subarachnoid hemorrhage	Stertorous breathing, hypertension, stiff neck, Kernig sign		Hypercapnia
				Severe infections (septic shock); heat stroke
				Seizures
				Episodic disturbance of behavior or convulsive movements
				Hypothermia, hypotension, flushed skin, alcohol breath
				Hypothermia, hypotension
				Slow respiration, cyanosis, constricted pupils
				Cherry-red skin
				Rigidity, decerebrate postures, fever, seizures, myoclonus
				Same as in anoxia
				Signs of extracellular fluid deficit, hyperventilation with Kussmaul respiration, "fruity" breath
				Hypertension; shallow, dry skin, uriniferous breath, twitch-convulsive syndrome
				Jaundice, ascites, and other signs of portal hypertension; asterixis
				Papilledema, diffuse myoclonus, asterixis
				Extreme hyperthermia, rapid respiration
				Episodic disturbance of behavior or convulsive movements

# Movement and Posture

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## CLINICAL DIFFERENCES BETWEEN CORTICOSPINAL AND EXTRAPYRAMIDAL SYNDROMES

	CORTICOSPINAL	EXTRAPYRAMIDAL
<i>Character of the alteration of muscle tone</i>	Clasp-knife effect (spasticity)	Plastic, equal throughout passive movement (rigidity), or intermittent (cogwheel rigidity)
<i>Distribution of hypertonus</i>	Flexors of arms, extensors of legs	Generalized but predominates in flexors of limbs and of trunk
<i>Involuntary movements</i>	Absent	Presence of tremor, chorea, athetosis, dystonia
<i>Tendon reflexes</i>	Increased	Normal or slightly increased
<i>Babinski sign</i>	Present	Absent
<i>Paralysis of voluntary movement</i>	Present	Absent or slight

# Cerebellar Ataxia

DIAGNOSIS OF CEREBELLAR DISEASE	
PACE	CAUSES
Acute and transitory	Intoxication with alcohol, lithium, barbiturate, phenytoin, or other antiepileptics (Chap. 41) Diamox-responsive episodic ataxia (Chap. 36) Childhood hyperammonemias (Chap. 36) Cytarabine (Ara-C) chemotherapy
Acute and usually reversible	Postinfectious (Chap. 35) Viral cerebellitis (Chap. 32) Myxedema
Acute and enduring	Postanoxic cerebellar degeneration Extreme hyperthermia (Chap. 16) Intoxication with mercury compounds or toluene (glue sniffing; spray painting; Chap. 41) Adulterated heroin ("chasing the dragon")
Subacute (over days to weeks)	Posterior fossa tumors such as medulloblastoma, astrocytoma, hemangioblastoma, and metastasis (Chap. 30) Alcoholic-nutritional (Chaps. 40 and 41) Paraneoplastic cerebellar degeneration (Chap. 30) Autoimmune damage such as from anti-GAD and anti-VGKC antibody Creutzfeldt-Jakob (prion) disease (Chap. 32) Cerebellar abscess (Chap. 31) Whipple disease (Chap. 31) Sprue (gluten enteropathy) Multiple sclerosis (Chap. 35)
	Chronic (over months to years)
	Friedreich ataxia and other spinocerebellar degenerations (Chap. 38) Hereditary cerebellar degenerations (olivopontocerebellar degenerations; cerebellar cortical degenerations [Chap. 38]) Multiple system atrophy (Chap. 38) Adult form of fragile X premutation syndrome (Chaps. 37 and 38) Hereditary metabolic diseases (Chap. 36) Childhood ataxias, including ataxia telangiectasia, cerebellar agenesis

# Gait abnormalities

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	CADENCE	STEP LENGTH	BASE	OTHER ASSOCIATED SIGNS
Cerebellar	Irregular	Slightly short	Wide	Erratic shifting of weight and step
Sensory ataxic (tabetic)	Normal	Short	Slightly wide	Excessive force in step resulting in stamping of feet; Romberg sign
Steppage Plegic	Normal Slow	Normal Short	Normal Narrow	Overlifting and slapping of feet Circumduction and scraping of affected leg(s)
Dystonic	Slow	Normal	Erratic	Twisting athetoid movements interrupt walking
Parkinsonian-festinating	Slow until festination	Short	Normal	Quicken step, forward leaning, shuffling, may have trouble with gait initiation
Waddling-myopathic	Normal	Normal	Slightly wide	Overlifting of hip(s)
Toppling	Slow until fall	Short	Widened (protective)	Sudden loss of balance
Normal pressure hydrocephalus	Slow	Short	Slightly wide	Numerous problems with axial body movement
Frontal lobe	Slow	Greatly shortened	Slightly wide (protective)	Difficulty starting and stopping; tendency for feet to "stick" to floor
Aging and marche à petit pas	Slow	Slightly shortened	Slightly widened	Cautious, slight forward lean

THANK YOU